



Peninsula Pedallers Inc Newsletter

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ROD'S RUGGED RIDE

BY SALLY

Sunday, April 11

It was a wild, wet and windy Sunday morning and the drive to Brighton Baths did nothing to dispel a sense of doom as the rain hit the windscreen. Penny and Sally knew they had to turn up because they had both told Patrick they were going, and Pat only turned up because he knew that otherwise they would beat him up, and



Angus had put the bikes in the car the night before and would feel a wimp if he took them out again without riding.

It was surprising how many others turned up too; at least ten of us cowered in the shelter of the Brighton Baths laughing at our foolishness.

Rod made the decision to ride as far as Port Melbourne so off we went. It was hard going all the way to St Kilda, where we observed the freshly painted yellow stripe along the boardwalk to (hopefully) avert another accident like our Ian's. Once we hit the path along Beaconsfield Parade it was worse; not only did the wind push us almost horizontal but it flung a constant shower of sand at us. We finally gave up and crossed the road and made our way via the backstreets to Port Melbourne. We gratefully rested with a hot drink and each shook the sand out of our left ear – interestingly Dennis had sand in both ears, which made us wonder about the clear passage in between.

It didn't take us long to notice that we were now out of the wind and the sky was looking quite blue so we all agreed with Rod that we could progress onwards to Moonee Ponds and then see what happened. Well, it all turned out beautifully; we rode through the city which was a bit alarming at times, but soon we were on the Maribyrnong Creek and Moonee Ponds Creek trails and riding through interesting older suburbs with Federation and Edwardian houses, much oohing and aahing from the more discerning riders. Excellent focaccias at Queens Park for lunch then of course we felt up to completing the planned ride instead of taking a short cut, and returned to the city along the Maribyrnong Creek trail. Our ride back to Brighton Baths was almost easy compared to the morning one and we made it back to our cars just as the rain began to fall. We all felt rewarded for our perseverance and found ourselves thanking Rod profusely for a lovely day.

See? You never know if you don't go!

RESTAURANT NIGHT - SATURDAY 21 AUGUST. Baxter Tavern



Address: 117 Baxter-Tooradin Rd, Baxter
Time: 7.00pm **RSVP to Trish by 17 Aug.**

Licensed

FAMILY RIDES

It would be great if members can support these rides.



Please take your kids/grandkids and introduce them to riding. Thanks to Darryn and Suzie for making the effort organising these rides.

Please contact Darryn (0417 303 353) & Suzie (0419 346 387) if you have any ride ideas or suggestions.

FUTURE RIDE INFORMATION

BY GEOFF

15 AUGUST - DROUIN YARRAGON RIDE

This is a repeat of last year's ride, hopefully with more benign weather this time. Once again, I am allowing for two groups (Yarragon loop is 71 km) with the long distance aficionados taking in a longer loop through either Trafalgar (93 km) or Moe (106 km), depending on the voting at Drouin at 9am. It is on minor (sealed) roads once out of Drouin, but being Gippsland, it is hilly along the Old Melbourne Rd in the afternoon, although the 16 riders last year covered the distance well enough and appreciated the lack of traffic and scenic surroundings. I can promise some good bakeries in the towns for lunch, but there are no other shops along the way, so BYO morning snacks.

29 AUGUST - DROUIN YARRAGON RIDE

I think this is a 'newey' for the Club. It takes in some of the most scenic cycling in NE Melbourne, following trails through bushland and water courses, plus some fairly quiet roads between Plenty and Darebin trails. The Yarra Trail from Burke Rd to Heidelberg is packed gravel, but



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the remainder is sealed. The Yarra Trail takes in the Artists' Trail through Heidelberg, punctuated by lookouts at sites where some of the famous painters of that school set up their canvases. The ride is not difficult up to Heidelberg (and would suit those preferring a shorter return ride), but is a granny gear job in parts of the Plenty Trail and up to La Trobe Uni where we pick up the Darebin Trail for the return journey. Good bakery at Watsonia for lunch, and a nice morning coffee place in Collingwood.

Note that train timetables to Flinders St have been updated. I suggest that train travellers congregate at the rear of the Frankston 7:48 am train. BYO octoplus straps to hold the bikes in place. Support will have to be courtesy of Metlink as we won't be too far from a train line at any point

For more information and co-ordination, speak to Murray. As we missed the event last year, there may be a few interested parties this year.

SPECIAL CLUB MEETING – 20 SEPTEMBER

A presentation by Frank Kennersley from Rail Trail Connections will be held at our Club Meeting on 20 September @ 8pm and we would like to invite as many club members to attend.

Items to be discussed will be about the latest news and developments of Victoria's Rail Trails, what's new and what's in the pipeline.

Please make a special effort to attend this presentation. Supper will be served.

BIKE MUSEUM VISIT – 13 SEPTEMBER



Remember to pencil this into your diaries if you are interested to attend the Bicycle Museum in Richmond.

A donation of \$5 goes to the Amy Gillett Foundation.

Address: 131 Brighton Street, Richmond Melway ref: 58F1

PERSONAL 1ST AID KITS

Members are advised to carry a small personal 1st Aid Kit with them. The reason for this is that on some rides riders are quite spread out, so just in case someone unfortunately needs a band-aid or something, it is available.



**IF YOU HAVE ANYTHING FOR SALE,
CONTACT THE NEWSLETTER CO-ORDINATOR**

A-Van

CENTRAL GIPPSLAND HEALTH SERVICE – CYCLE RELAY – 20-21 NOVEMBER 2010

Over the years a group of Peninsula Pedallers have taken part in this very enjoyable event.

For those who are interested in entering this year, the relay starts in Sale and follows the Howitt Cycle Trail to Lake Tyers then returning the following day, mostly by a different route, making the total distance of 350kms, all on bitumen roads. Teams may consist of any number of riders and have a support vehicle to transport team members in between riding stints.

Cost is \$60 per rider and covers insurance, evening meal, breakfast and a souvenir of the event.

It is not a race, but a reasonable degree of fitness will help you to enjoy it to the most.

If you would like to take up the challenge, you may want to volunteer to co-ordinate a team for the PP's this year.

2007 Avan Aliner used only 6 times. Very neat, as new. 90 litre 3 way fridge, 2 burner cooktop, microwave, 2 reading lights, canvas canopy and more.

Contact: Derick 5981 0163

MEMBER PROFILE



*Introducing our beloved Treasurer /
Membership Secretary.....*

PETER QUESTED

How long have you been cycling – I used to cycle everywhere as a child and a teenager but then didn't cycle at all for some 40 years until I semi retired. One day I borrowed my son's bike and cycled on the trail from



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Frankston to Baxter. Until then I didn't know the track existed.

What made you join the pedallers – my wife! Su likes to organise things and she found a Pedallers application form at the local bike shop. She rang Sally Harding and next thing I knew we were meeting at Carrum one Sunday for a ride to Dandenong along the Paterson River. I enjoyed it and came back for more. Su's enthusiasm for cycling wasn't quite so enduring.

What's your occupation & where do you work – I'm an engineer. I retired from full time work about 10 years ago but have run my own little consulting business from home ever since. I am also an Associate of a technology company based in Melbourne but I seldom go into the city these days. There is no need to as I utilise the internet for most of my work.

The thing I love most about my job is – I can choose what I do and how I do it.

Any other interests outside cycling – Yes. I'm the Secretary of the Main Ridge Probus Club and also enjoy pottering in my workshop. I've got a modest range of metal and woodworking machines. I do all of my own bike maintenance. Along with a small group of special friends I participate in *Secret Men's Business*, but I can't tell you what that is – it's a secret ☺.

Your greatest achievement with the Pedallers & your next goal/challenge with the Pedallers – I'm happy to have contributed, along with others, to the ongoing operation and welfare of the club. I get a great deal pleasure from my membership and will continue to do what I can to ensure its ongoing viability. We are very lucky to have such a great group of members – we come in all shapes and sizes but seem to fit together so very well.

What did you want to be when you grew up – why should I grow up?

If you could have any superpower, it would be – to cycle up hills like some of the younger members of PP.

Do you have a favourite movie / favourite actor/actress – No. I can enjoy a movie but half an hour later will have forgotten the title and the names of the actors. That's part of growing mature.

LET'S GET COOKING....! YOUR FAVOURITE RECIPES

Here's a beautiful winter snack for you to enjoy.

Pumpkin Fritters

Ingredients

cold Cooked Pumpkin,
well drained

2 Eggs

5 ml Salt

500 ml self-raising flour

15 ml baking powder

If batter is too stiff, add a tiny amount of milk. If it is runny, add more flour)



Enjoy!

NEW RIDE GUIDE

All Ride Leaders and Riders are encouraged to take note of the new Ride Guide.

A copy is attached to this newsletter or you can access it on our website.

We'd like to hear about your experiences, whether cycle related or otherwise. Please feel free to send any news items you'd like published in the Peninsula Pedallers Newsletter. Remember that no item will be considered too trivial.....

NEWSLETTER CO-ORDINATOR: **DERICK OLIVIER** Phone: 5981 0163 or 0408 134 454 Email: pearl.olivier@connexmelbourne.com.au

SHARE YOUR PHOTOS – IF YOU HAVE ANY PHOTOS YOU'D LIKE TO SHARE WITH MEMBERS, THIS IS YOUR SPACE.....



What's happening? No-one ever sends us new photos for the Newsletter anymore....!

Make sure to take your Camera with you when you go out for a ride next, it'll make the newsletter more interesting.

Thank you.
Your Editor